

2012 Foot of the Lake Synchronized Skating Competition

Unofficial Practice Schedule "A" Rink Friday, January 6, 2012

Name	Division	Dressing Room #	Enter	Practice Time	Exit
Ice Kicks	Pre-Juv	1	12:00	12:15-12:30	
Ice Kicks	Pre-Juv			12:30-12:45	1:00
Ice Kicks	Open Juv	2	12:30	12:45-1:00	
Ice Kicks	Open Juv			1:00-1:15	1:30

Resurface 1:15-1:30

Highsteppers	Pre-Juv	3	1:15	1:30-1:45	
Highsteppers	Pre-Juv			1:45-2:00	2:15
Highsteppers	Intermediate	4	1:45	2:00-2:15	
Highsteppers	Intermediate			2:15-2:30	2:45

Resurface 2:30-2:45

Capital Ice Chill		1	2:30	2:45-3:00	
Capital Ice Chips		2		3:00-3:15	3:30
Starfire	Beginner II	3	3:00	3:15-3:30	3:45
Starfire	Pre-Juv	4	3:15	3:30-3:45	4:00
Capital Ice Chill	Open Juv	1	3:30	3:45-4:00	4:15

Resurface 4:00-4:15 pm

Official Practice Schedule "A" Rink Friday, January 6, 2012

Name	Division	Dressing Room #	Enter	Practice Time	Exit
Capital Ice Chips	Intermediate	2	4:00	4:15-4:30	4:45
St. Louis Synergy	Intermediate	3	4:15	4:30-4:45	5:00
Highsteppers	Intermediate	4	4:30	4:45-5:00	5:15
St. Louis Synergy	Novice	1	4:45	5:00-5:15	5:30
Dazzlers	Intermediate	2	5:00	5:15-5:30	5:45

Resurface 5:30-5:45

Rhythm & Blades	Intermediate	3	5:30	5:45-6:00	6:15
Fond du Lac Blades	Intermediate	9B	5:15	6:00-6:15	6:30
Windjammers	Intermediate	1	6:00	6:15-6:30	6:45
Synchro Panache	Intermediate	2	6:15	6:30-6:45	7:00
Chicago Jazz	Intermediate	3	6:30	6:45-7:00	7:15

Resurface 7:00-7:15

Chicago Jazz	Novice	4	7:00	7:15-7:30	7:45
Starlights	Novice	1	7:15	7:30-7:45	8:00
Starlights	Senior	2	7:30	7:45-8:00	8:15

**Unofficial Practice Schedule "A" Rink
Friday, January 6, 2012**

Dazzlers	Pre-Juv	3	7:45	8:00-8:15	8:30
Dazzlers	Open Juv	4	8:00	8:15-8:30	8:45

Resurface 8:30-8:45

Dazzlers	Intermediate	1	8:30	8:45-9:00	9:15
Emerald Blades	Open Juv	2	8:45	9:00-9:15	9:30
Metallites	Open Juv	3	9:00	9:15-9:30	9:45
Madison Energy	Open Juv	4	9:15	9:30-9:45	10:00

Resurface 9:45-10:00

Starlights	Senior	1	9:45	10:00-10:15	10:30
Chicago Jazz	Intermediate	2	10:00	10:15-10:30	
Chicago Jazz	Intermediate			10:30-10:45	11:00
Chicago Jazz	Novice	3	10:30	10:45-11:00	
Chicago Jazz	Novice			11:00-11:15	11:30

Resurface 11:15-11:30

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Unofficial Practice Schedule "B" Rink Friday, January 6, 2012

Name	Division	Dressing Room #	Enter	Practice Time	Exit
Northern Ice	Pre-Juv	8B	3:15	3:30-3:45	
Northern Ice	Pre-Juv			3:45-4:00	4:15
Fond du Lac Blades	Beginner I	6B	3:45	4:00-4:30	4:45
Fond du Lac Blades	Pre-Juv	7B	4:15	4:30-5:00	5:15
Fond du Lac Blades	Intermediate	9B	4:45	5:00-5:30	6:30
Fond du Lac Blades	Juvenile	8B	5:15	5:30-6:00	6:15

Resurface 6:00-6:15 pm

Synchro Panache	Intermediate	6B	6:00	6:15-6:30	
Synchro Panache	Pre Juv			6:30-6:45	7:00
St. Louis Synergy	Preliminary	7B	6:30	6:45-7:00	7:15
St. Louis Synergy	Juvenile	8b	6:45	7:00-7:15	7:30
Ice Delights	Open Juv	9B	7:00	7:15-7:30	7:45

Resurface 7:30-7:45

Chicago Jazz	Prelim	6B	7:15	7:30-7:45	
Chicago Jazz				7:45-8:00	8:15
Chicago Jazz	Juvenile	7B	7:45	8:00-8:15	
Chicago Jazz				8:15-8:30	8:45
Windjammers	Juvenile	9B	8:15	8:30-8:45	9:00

Resurface 8:45-9:00

Windjammers	Open Juv	10B	8:45	9:00-9:15	9:30
Windjammers	Intermediate	11B	9:00	9:15-9:30	9:45
Rhythm & Blades	Pre-Juv	6B	9:15	9:30-9:45	10:00
Rhythm & Blades	Open Juv	7B	9:30	9:45-10:00	10:15
Rhythm & Blades	Intermediate	8B	9:45	10:00-10:15	10:30

Resurface 10:15-10:30

2012 Foot of the Lake Synchronized Skating Competition

**Unofficial Practice Schedule "A" Rink
Saturday, January 7, 2012**

Name	Division	Dressing Room #	Enter	Practice Time	Exit
Fond du Lac Blades	Juv/Int	1,2	6:15	6:30-7:30	7:45
Kicks	Open Juv	3	7:15	7:30-7:45	8:00
SwanSyncSation	Beginner I	4	7:30	7:45-8:00	8:15
Kicks	Beginner II	1	7:45	8:00-8:15	8:30

Resurface 8:15-8:30

SOUNDCHECK 8:30-9:00

2012 Foot of the Lake Synchronized Skating Competition

Unofficial Practice Schedule "B" Rink Saturday, January 7, 2012

Name	Division	Dressing Room #	Enter	Practice Time	Exit
Rhythm & Blades	Open Adult	6B	6:30	6:45-7:00	7:15
Chicago Radiance	Open Juv	7B	6:45	7:00-7:15	7:30
Chicago Radiance	Preliminary	8B	7:00	7:15-7:30	7:45
Chicago Radiance	Juvenile	9B	7:15	7:30-7:45	8:00
Kicks	Open Adult	6B	7:30	7:45-8:00	8:15

Resurface 8:00-8:15

Chicago Radiance	Novice	7B	8:00	8:15-8:30	8:45
Kicks	Intermediate	8B	8:15	8:30-8:45	9:00

Resurface 8:45-9:00

Critiques

9:00